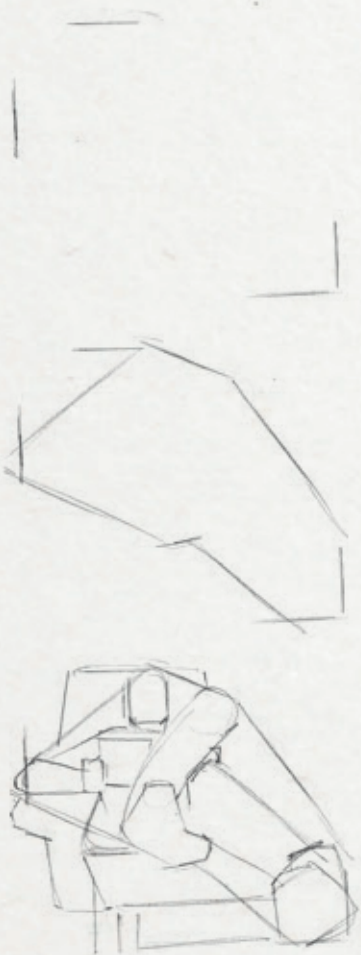


PART 03: KNOWING

THE BODY AS LANDSCAPE - EXERCISE

WHAT YOU NEED

- 15–30 minutes
- Pencil, eraser & viewfinder
- A reclining figure



A view across a body, seen from an extreme angle, can seem more like a landscape than a figure. Drawing the figure from unusual angles will train your eyes to look for unexpected shapes and provides an opportunity to practice observational measuring. This exercise works well for drawing sunbathing friends on a beach, long reclining poses in a life-drawing class, or your family lying on the sofa.

Find a challenging angle to draw from, looking across the body. Mark in lightly the top, bottom, left, and right extremes of the pose and, as described on the previous page, use your pencil to check the height against the width of your subject—correct the drawing if necessary. Draw the biggest shapes of the figure first, drawing negative spaces and surrounding furniture to help you check proportions.



PRACTICE
HERE

